



**Marble Brewery NE**

# SGANA

**San Gabriel Area Neighborhood Association March 2017**

## **Neighborhood Emergency Veterinarian SGANA Annual Meeting Headliner**

Dr Shirley Russman, a veterinarian who has worked at VCA on Montgomery for over 25 years, was the headline speaker for residents who attended the SGANA Annual Meeting on October 17, 2016 at Mitchell Elementary school. Among other things, Dr Russman discussed that exposure to toxins is always a problem, and that there were many we don't think of as such. A list of everyday items that are dangerous for dogs includes things like:

- Avocado which contains pepsin and causes vomiting and diarrhea.
- Dairy which causes diarrhea if too much is ingested.
- Caffeine causes vomiting and diarrhea and is toxic to heart and nervous system.
- Alcohol can lead to coma and death.
- Some varieties of mushrooms can cause shock and death.
- Raisins and currents, and even fresh grapes, can cause kidney failure.
- Walnuts and macadamias can cause nervous system and muscle damage.
- An excess of onions and garlic can cause blood cell damage and anemia.
- An excess of fatty foods can cause pancreatitis.
- Chocolate is toxic to the heart and nervous system of dogs and can cause death.
- Xylitol, a sugar substitute used extensively in gum and candy, can cause liver failure, hypoglycemia (low blood sugar) and death.
- Marijuana is also not suitable for animal consumption and large amounts can be problematic. This can be an issue in homes where use is recreational and also where it is medically prescribed.

- Certain types of common medications such as Tylenol, Advil cause kidney failure and G.I. Ulcers.
- Cooked bones of any kind may appear to be harmless as animals chew and swallow them. In fact they cause stomach lacerations and tend to accumulate and form concrete-like structures in the digestive track. They also have a tendency to get caught in the dog's mouth.
- Fake rigid plastic bones are not recommended for the same reasons as mentioned above.

If you suspect your dog has gotten into any of these substances you should immediately get him or her medical help immediately. The Montgomery VCA is a 24/7 emergency facility.



**Dr Russman and friend**

## **NextDoor San Gabriel**

Nextdoor is the free and private social network for San Gabriel Area and adjacent neighborhoods. On Nextdoor, neighbors share crime and safety concerns, lost and found pets, local events, recommendations, items for sale/free, ideas about how to make our neighborhood better, and more. There are currently over 120 of our neighbors who have joined.

**Visit [sangabrielnm.nextdoor.com](http://sangabrielnm.nextdoor.com)**

## New Marble Tap Room - Trying to Be a Good Neighbor

Many of you are aware, and some undoubtedly have enjoyed, the new Marble Heights Brewery and Tap Room that opened last August on Montgomery Boulevard. However, its opening has not been without problems. Our neighbors on the North end of Pitt Street have reported parking problems and those whose property is directly adjacent to the Tap Room must deal with noise as well as smoke and odors from the food trucks.

Neighborhood involvement with the tap room began long before it opened when Marble requested a zoning variance to brew beer on premises. Neighbors and SGANA testified at the zoning hearing and requested a sound wall. While it is somewhat debatable that an actual sound wall was constructed, the noise from the tap room patio negatively impacts the adjoining homes. The neighbors on Pitt Street persevered and persuaded the City's Environmental Health Department to get involved. On a Friday night in Fall, the Environmental Health Deputy Director, sound technicians and the SGANA president met in the backyard of a Pitt Street neighbor to take sound measurements over a two hour period. The tap room was found to be in violation of the City's Noise Ordinance. City Councilor Trudy Jones met with Marble Brewery and eventually she, Marble and our neighbors on Pitt Street agreed that Marble would erect a 12 foot high, 100 foot long wall between the tap room and the residential area. This also required a zoning variance hearing to which the neighbors and SGANA testified in favor of the wall. It has since been approved. Hopefully, this will alleviate the noise problem, but if you plan to visit the tap room, please walk!

### Open Forum:

Other items discussed at our Annual Meeting included special recognition given to neighbor Rose Arnell for her perseverance and activism on behalf of the San Gabriel Area Neighborhood. Several people spoke stressing the importance of persevering when you have a concern. One neighbor spoke of her concern about properties being neglected and the overall impact. She suggested contacting Scout troops and somebody suggested that Department of Senior Affairs might be a resource for aging residents who need help; 764-6400 or 764-6485. (And check out the article on **Great American Cleanup Day** in the next column.)

## Election of officers

The current SGANA Board was re-elected. Contact information is on the last page of this newsletter.

## At Large Board Member Needed

At the October 19, 2016 SGANA Annual Meeting, the existing Board of 4 officers was re-elected. However, our Bylaws include an At-Large Board Member for a total of 5. Unfortunately, there were no nominations from the Floor. If you are interested in serving your neighborhood in this capacity, please contact any of our board members or email (contact information on back page) [sangabrielareana@gmail.com](mailto:sangabrielareana@gmail.com). There is a very small time commitment involved, just three or four meetings per year including our Annual Meeting in October.

## And A Little Fun:

This years Trivia Quiz was beyond difficult but Karen McElroy walked away with first prize.

For detailed information on the Annual Meeting, a comprehensive set of meeting minutes are available for review on our **new** website at [sangabrielareana.org](http://sangabrielareana.org)

## Keep America Beautiful & Great American Cleanup

Each spring, **Keep America Beautiful** (KAB) brings together thousands of organizations and millions of individuals to invest their time in creating better communities. **Great American Cleanup** (GAC) is the nation's largest community improvement program and takes place annually from March 1 through May 31 involving an estimated 2.8 million volunteers and attendees.

**Albuquerque conducts its Great American Cleanup on the last Saturday of April.** This year it's **April 29**. One way to keep it simple is to organize a **Clean Your Block Party 2017!**

If you are an organizer you can use **NextDoor** to schedule an event and put together a team of cleaner-uppers. Or if you like to work alone, get out your large trash bags, a good pair of work gloves and a rake. Start with your own yard, poke around in the shrubs and toss what you find into one of those bags. Then choose - right or left - knock on your neighbor's door and offer to do theirs, no charge. If they are a bit older or infirm they may feel awkward but just tell them you're feeling generous today. You'll like what you see and so will they.

## Annual Neighborhood Yard Sale

This year's neighborhood yard sale will be held on **Saturday, June 10, 2017**. We will place an ad in the Albuquerque Journal, place signs at key entrances to the neighborhood and create the event on NextDoor. Remember, Albuquerque zoning code allows one yard or garage sale per year. We invite you to join in this one and let your Association pay for the publicity!



## A Celebration of Neighborhood

Can't call it an Ice Cream Social because it might not be ice cream that's on offer for refreshments. Technically it's not a Block Party because - well, it's not. Guess you could call it a Summer Social because the scheduled date is in summer. On **Sunday, August 27, 2017** from 2 to 4 pm at Mitchell Park you'll have a chance to meet your neighbors! It will be a dog-friendly event, will include free refreshments and will feature the City Parks and Recreation **Rock Climbing Wall**. Watch for more information. Neighbors, dogs, watching kids climb the rock wall, free refreshments - sounds like a Celebration of Neighborhood. Hmm, sounds good.



## AFD & PulsePoint: A Two Year Success Update

The Albuquerque Fire Department (AFD) launched PulsePoint on February 5, 2015. Through the use of a location-aware mobile app, PulsePoint works with AFD to improve communications with citizens, empowering them to help reduce the millions of annual deaths from sudden cardiac arrest. Deployment of the PulsePoint alerts can significantly strengthen the "chain of survival" by improving bystander response to cardiac arrest victims and increasing the chance that lifesaving steps will be taken prior to the arrival of emergency medical services.

### **About PulsePoint:**

PulsePoint Respond is a mobile app that alerts CPR-trained citizens to someone nearby having a sudden cardiac arrest in a public place. The app is activated by the local public safety communications center simultaneously with the dispatch of local fire and EMS resources. The system is intended to reducing collapse-to-CPR times by increasing citizen awareness of cardiac events and reduce collapse-to-defibrillation times by notifying citizens where the nearest AED is located by using real-time mapping.

### **Two Year Update:**

As of February 2017, the PulsePoint partnership with AFD has resulted in the following:

- 4,637 local subscribers downloaded the app
- 2,557 local subscribers enabled CPR alerts
- 1,524 city employees certified in CPR
- 5000+ citizens trained in Hands-Only CPR
- 253 AED's have been registered on PulsePoint
- More than 2,000 cities across the U.S. use PulsePoint
- In the U.S., 1M people have downloaded the App
- In the U.S., 453,000 subscribers enabled CPR alerts

For more information, or to download the App, visit [cabq.gov/fire](http://cabq.gov/fire)

Courtesy City of Albuquerque



